



# zenbiome™

## COPE

ZenBiome Cope™ is designed to help clients better handle life's occasional stressors. ZenBiome Cope™ pairs the well-researched psychobiotic 1714™ with other vital nutrients like B vitamins and herbal extracts to provide targeted support for coping with day-to-day, periodic stressors and mood changes.

### benefits



Supports healthy mood



Promotes better occasional stress coping



Supports brain function



Enhances vitality



## INGREDIENTS

### BIFIDOBACTERIUM LONGUM (1714™)

A high-potency psychobiotic, 1714™ helps support the body's response to occasional stress, and the body's neurocognitive processes. This strain helps support the HPA axis and healthy cortisol levels. In studies, it also helped support memory performance and an improved perception of stress.

### VITAMIN B6 (PYRIDOXINE)

Vitamin B6 is a quintessential B vitamin for supporting healthy neurotransmitter metabolism. Vitamin B6 acts as a rate-limiting cofactor required to convert glutamate to GABA, which is considered a natural mood support. B6 is also a co-factor in the conversion of 5-HTP to serotonin, which supports happiness and mood.

### VITAMIN B12 (HYDROXOCOBALAMIN)

Vitamin B12 is involved in serotonin synthesis, which can support a calm mood and positive coping mechanisms. B12 supplementation can help support homocysteine levels associated with cognitive health.

### SAFFRON EXTRACT (AFFRON®)

Saffron extract can help support the central nervous system mood. ZenBiome Cope™ contains the raw ingredient Affron®, an extract from 100% Mediterranean origin and standardized to 3.5% Lepticrosalides®, contributing to its organoleptic properties.

## SUPPLEMENT FACTS

Serving Size 1 Capsule  
Servings Per Container 60

Amount Per Serving	% Daily Value
<i>Bifidobacterium longum</i> 1714™*	80 mg 5B CFU
Vitamin B6 (as pyridoxine)	850 mcg 50%
Vitamin B12 (as hydroxycobalamin)	1.2 mcg 50%
Saffron extract ( <i>Crocus sativus</i> L.) (affron®) (standardized to 3.5% Lepticrosalides®)	14 mg †

† Daily values not established.